CONTIGUITY PARTNERS

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JODI RILOT EXECUTIVE COACH

<u>Jodi.Rilot@ContiguityPartners.com</u> M. +44 (0)7799 477385



Profile

Jodi's coaching clients describe her as compassionate and challenging. She came to coaching after a career in management consultancy and organisation development.

Jodi established her career with Andersen Consulting (Accenture) working for 10 years in diverse industry sectors for clients such as BT, Barclays, Department of Work and Pensions and Legal & General. She specialised in change management, helping clients to manage the impact of change on people and culture. Jodi went on to join an in-house organisation effectiveness team at BAA, British Airports Authority. Here she built experience in construction-driven change, re-structuring, talent management and development, succession planning, performance management, employee engagement, values and behaviour definition. As an independent consultant, clients included the Football Association, where she shaped the CEO's Football First Culture Change agenda.

Jodi has held senior leadership positions at ITV, focussing on the employee engagement aspects of the CEO's transformation agenda and at Openreach, BT, as Director of Leadership and Talent. Here she shaped and facilitated leadership programmes for first line managers up to MD. In her last two years at BT, Jodi worked as an internal coach to the senior leadership team both one to one, and as a team coach to the Openreach exec.

Jodi works well with leaders and teams in transition, helping them to establish how to be happy and successful at work, particularly at times of change e.g. promotion, change of leadership, re-organisation or maternity/paternity returners. Grounded in a strong belief in the individual, Jodi's coaching style is down-to-earth, caring, firm yet friendly. As a team coach, Jodi has been described as bringing "sunshine and grit". She reads widely on the subject of personal development and enjoys sharing insights with her coaching clients past and present.

Education, Qualifications, Professional Memberships

- BA Hons Marketing and Modern Languages, University of Lancaster
- EMCC (European Mentoring and Coaching Council) Certificate of Coach Mentoring
- ACC accredited coach with the International Coaching Federation
- Member of the The MoralDNA™ Academy, a collective of consultants, facilitators and coaches who have worked with Roger Steare in delivering leadership and culture change programmes in client organisations